

# STUDY ABROAD & GLOBAL MOBILITY

## FACT SHEET 2025-2026

### ABOUT THE UNIVERSITY

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The University of Regina (U of R) has campuses located in Regina and Saskatoon, on Treaty 4 and Treaty 6 territories. These are the ancestral lands of the nêhiyawak (nay-hi-yuh-wuk, Cree), Anihšīnāpēk (uh-nish-i-naa-payk, Saulteaux), Dakota, Lakota, Nakoda, and the homeland of the Métis/Michif Nation.

As a comprehensive university, the U of R traces its roots back to Regina College, a small residential high school established by the Methodist church in 1911. The College grew in size and significance becoming a campus of the University of Saskatchewan and, ultimately, an independent degree granting university – the University of Regina – in 1974.

### CONTACT INFORMATION

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**Associate  
Vice-President  
(International)**

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**Global Education  
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**Administrative  
Assistant**

Ms. Sydney Deck

Ph: 1-306-337-2446

Email: Study.Abroad@uregina.ca

**Emergency Phone  
Number**

1-855-874-1700

This number is for on-campus **emergencies** only, such as severe and/or immediate emergencies, medical emergencies, accidents, fires, etc. **This number is not to be used for inquiries regarding applications or registration related questions.**

### SEMESTERS

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**Fall semester**

September 2, 2025 to December 22, 2025

**Winter semester**

January 6, 2026 to April 29, 2026

## NOMINATIONS

**Fall Semester (Aug-Dec)** Opens: February 1  
Closes: March 1

**Winter Semester (Jan-Apr)** Opens: February 1  
Closes: October 1

### NOMINATION PROCESS

**Nomination Form** To be completed by the coordinator  
Submit the nomination form via email to [Study.Abroad@uregina.ca](mailto:Study.Abroad@uregina.ca)

## APPLICATION

### APPLICATION DEADLINE

**Fall Semester (Sep-Dec)** April 1

**Winter Semester (Jan-Apr)** November 1

### APPLICATION PROCESS

**Online Application** Students are to complete the application after the nomination deadline. Study Abroad will contact the students to provide application instructions.

## VISA INFORMATION

Please note that exchange students do not need a study permit to study at the University of Regina while on exchange. All students staying for **longer than 6 months** require a Study Permit. Who else needs a study permit? Find out here: <https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/study-permit/study-permit-tool.html>

However, ensure that you have checked to see if you require any other documentation to visit and enter Canada by checking here: <http://www.cic.gc.ca/english/visit/visas.asp>

Students who are arriving to Canada, who are not United States citizens, must apply for an Electronic Travel Authorization (eTA) or travel visa: <https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada.html>

To check processing times: <https://www.canada.ca/en/immigration-refugees-citizenship/services/application/check-processing-times.html>

If you have any questions or concerns about the visa process, you will need to contact the Canadian embassy in your home country. You can find a list of the Canadian embassies abroad here: <http://www.cic.gc.ca/english/information/offices/apply-where.asp>

## ACADEMICS

### Faculties OPEN to Exchange Students

- ✓ Arts
- ✓ Business Administration
- ✓ Education
- ✓ Engineering & Applied Science

- ✓ Kinesiology
- ✓ La Cité
- ✓ Media, Art, and Performance
- ✓ Science

### Faculties CLOSED to Exchange Students

- × Nursing
- × Social Work

### Language of Instruction

English

### Language Certificate

Exchange students do not have to submit proof of English Language Proficiency. It is the students' responsibility that they are comfortable with learning in a complete English environment.

All lectures are taught in English.

It is highly recommended that one of these ELP test scores is met:

**TOEFL:** Internet based (83); Reading (20); Listening (20); Speaking (20); Writing (20).

**IELTS:** Overall Band score of 6.5, with no band less than 6.0.

**Duolingo online English Test:** Overall Score of 120; Literacy (105); Comprehension (105); Conversation (105), Production (90).

## CREDITS AND COURSES

### Standard Credit Load for a Semester

Must be enrolled as full-time students while on exchange (3 – 5 classes). We generally recommend students take 3 or 4 classes as 5 classes is considered very demanding.

### Registration for Courses

Students' transcripts and course requests are evaluated by the Academic Advisors at the University of Regina to ensure that students have the academic background necessary for the classes that they select. Students will be instructed on how to create a visual schedule builder upon receiving their acceptance letter, and Faculty academic advisors will register students into classes.

## HEALTH INSURANCE

Students **must have** international health insurance coverage. It must cover them for the entire duration of their stay in Canada. It is up to the student's discretion to choose a provider that works best for them and their needs.

## ACCOMMODATION

The University of Regina has a wide variety of comfortable, modern housing options available for exchange students.

**It is the responsibility of the incoming student to arrange their own housing**, whether it be on-campus or otherwise.

<b>On-Campus Accommodation</b>	Students can contact Housing Services directly to book accommodation. Email <a href="mailto:Housing.Services@uregina.ca">Housing.Services@uregina.ca</a>
<b>Off-Campus Accommodation</b>	Arrangement of off-campus accommodation must be arranged by the student. The University of Regina cannot assist with this type of housing.
<b>Meals</b>	There are different meal plans and food options on campus. For more information, please visit: <a href="https://www.uregina.ca/housing/dining-plans.html">https://www.uregina.ca/housing/dining-plans.html</a>
<b>Cost Estimate</b>	<b>Accommodation:</b> \$2240 - \$4990 per semester. Actual costs may vary <b>Meal plan:</b> \$900-\$3700 per academic year

## LINKS AND OTHER INFORMATION

<b>University of Regina</b>	<a href="http://www.uregina.ca">www.uregina.ca</a>
<b>Study Abroad Office</b>	<a href="https://www.uregina.ca/ur-international/study-abroad/index.html">https://www.uregina.ca/ur-international/study-abroad/index.html</a>
<b>Academic Schedule (Important Dates)</b>	<a href="https://www.uregina.ca/student/registrar/assets/docs/pdf/academic-schedule/2024-25.pdf">https://www.uregina.ca/student/registrar/assets/docs/pdf/academic-schedule/2024-25.pdf</a>
<b>Academic Schedule</b>	<a href="https://www.uregina.ca/student/registrar/resources-for-students/academic-calendars-and-schedule/undergraduate-calendar/index.html">https://www.uregina.ca/student/registrar/resources-for-students/academic-calendars-and-schedule/undergraduate-calendar/index.html</a>
<b>Class Search</b>	<a href="https://banner.uregina.ca:17023/ssbprod/bwckschd.p_disp_dyn_sched">https://banner.uregina.ca:17023/ssbprod/bwckschd.p_disp_dyn_sched</a>
<b>Grading System</b>	<a href="https://www.uregina.ca/student/registrar/student-records/transcripts/legend.html">https://www.uregina.ca/student/registrar/student-records/transcripts/legend.html</a>
<b>Activity Fee</b>	Exchange students coming to the University of Regina are required to pay a mandatory Activity Fee of \$200 CAD
<b>Housing</b>	<a href="https://www.uregina.ca/housing/housing-options/index.html">https://www.uregina.ca/housing/housing-options/index.html</a>
<b>Tourism Regina</b>	<a href="https://tourismregina.com/">https://tourismregina.com/</a>
<b>Public Transportation</b>	<a href="https://www.regina.ca/transportation-roads-parking/transit/">https://www.regina.ca/transportation-roads-parking/transit/</a>